

South Lake Middle School

# Coach Doan's Physical Education Newsletter

## Here's what we did in April...

First and foremost, I hope you and your family are doing safe and doing well during this unprecedented time. Due to the sudden announcement of Emergency Distance Learning (EDL), I was not able to send out a newsletter for the month of March. Hence, this newsletter will encompass what my PE class have been doing for the past 2 months, mainly focusing on EDL.

In the month of March, my class began our Basketball Unit. Prior to the start of EDL, students learned and practiced dribbling and basic passing in class. As we transitioned to online learning, my class continued with the unit and learned shooting at home. Students were asked to be creative with the items and objects that they used as their ball and basket. Students came up with all sorts of creative items to use in lieu of a basketball while still focusing on practicing skills. My class also took a break from basketball and did a Fun Friday where students participated in "Minute to Win It" games. Students had the option to select one of four different games to play at home as a fun way to start Spring Break. We concluded our basketball unit with an assessment once we returned from the break in April.

My class transitioned from the Basketball Unit to our Track and Field Unit. Students learned about two different events each day but only had to select one event to practice at home. I planned each of our lessons so there was one event where students can practice outdoors and one event where students can practice indoors. Students were asked to be creative with the items and objects they can find around the house to use as a shot put, hurdle, and baton. For our relay event, I modified our in-class event to an EDL assignment. Students were asked to submit a video of them grabbing the baton from one side of the screen and running it to the next. I compiled all of the videos together to make one video encompassing all my classes. Unfortunately, not all of the videos made it into the final cut; since some of the video files were not compatible with the program I was using. You can view the student relay video as well as my example videos by clicking on the images below:

I want to commemorate all of my students for making the best of this situation. Students have been so creative with the items they are using to continue staying active. I truly enjoy watching every single video or picture responses to assignments. Our Sharks are doing an amazing job continuing to learn and be their absolute best!



## Peer Buddy

Due to the COVID-19 emergency, students in my 4<sup>th</sup> period physical education class, were unable to complete a full year with our Buddies Program. To make sure that all of our students still felt connected to the community that they have developed during their time at South Lake, I have compiled a video to commemorate some memories. Many of our Buddies are 8th graders and they will be graduating to continue their education at their new high school. To celebrate their work and to acknowledge their friendships, I've asked each of the Buddies to record a short message to their Peer Buddy in Ms. Park's class. The PE Peer Buddy program has had continual success because of our Sharks. The genuine kindness, compassion, and positivity that they display is commendable. Though their time was cut short this school year, I am proud of the work all our students put in. They truly are special and I am grateful for the time I have been able to be their teacher. Below you'll find a video of a Buddy sending a message to their peer in Shark Squad, along with some clips and pictures of the program from 2019-2020. Thank you Sharks!



## Hoops Classic and Irvine Junior Games - CANCELLED

Due to the Covid-19 virus, all sporting events have been cancelled, including the Hoops Classic and Irvine Junior Games. Every family should have received an email with the notification. Irvine Junior Games will be refunding the full entrance fee amount to each family. The Hoops Classic tournament is offering the option of a partial return or the option to donate the money to their program. I have the Hoops Classic t-shirts that players were supposed to receive for the tournament. If any Hoops Classic player wants their navy blue t-shirt, please contact me and I will set up a time and date for you to come pick it up. Though we found out the day of the tournament that it would be postponed and later cancelled altogether, I truly thank all the players and coaches that spent over a month practicing and preparing. Thank you to all the parents for your support. I hope everyone continues to find ways to stay active during this time and I'm looking forward to these events soon.

# Shark of the Month

Distance Learning will not stop these students from going above and beyond! Since there was no award for Shark of the Month winners for the month of March, I decided to double up and recognize 8 students who demonstrated a positive attitude, growth, and leadership ability for the past 2 months. I wanted to acknowledge these students for the incredible effort they put into each lesson in physical education class. These students are role models to their peers in-class, and have continued to strive for excellence with their EDL work. Great job Sharks!



**Sarah G.**  
**8<sup>th</sup> Grader**



**Cassidi C.**  
**8<sup>th</sup> Grader**



**Annabelle K.**  
**7<sup>th</sup> Grader**



**Ashlynn C.**  
**7<sup>th</sup> Grader**



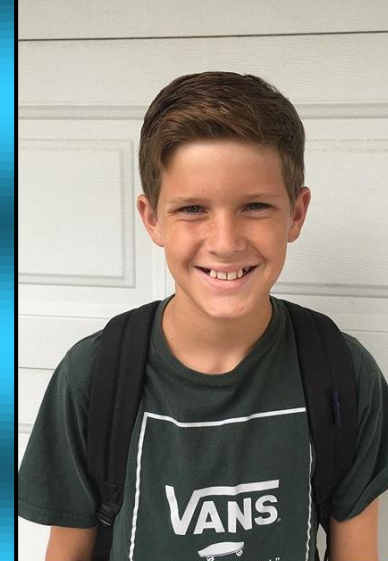
**JC S.**  
**8<sup>th</sup> Grader**



**Jonathan A.H.**  
**8<sup>th</sup> Grader**



**Kamyar F.**  
**7<sup>th</sup> Grader**



**Daniel B.**  
**7<sup>th</sup> Grader**